Nebraska Wesleyan University

HHP 2850 Structural Kinesiology

Catalog

2026-2027

Course Description

This course integrates musculoskeletal anatomy with human movement. Students will learn and apply musculoskeletal anatomy and joint actions to upper extremity, lower extremity, and trunk movements.

Normally offered each semester.

Course Hours

1 hour

Departments

1. Health and Human Performance (Undergraduate)