

STLF 1010 Success Seminar

Catalog

2026-2027

Course Description

This course is designed to help students achieve greater success in college and in their future lives. Students will develop academic self-efficacy as well as life management skills. Taught in a discussion-oriented environment, this course helps students develop strategies that can improve their academic, professional and personal success.

Normally offered each semester.

Course Hours

1 hour

Departments/Programs

1. [Student Life - Academic Credit](#)