

HHP 3850 Biomechanics

Catalog

2026-2027

Course Description

This course integrates physics with human movement to provide understanding of human movement from a kinetic and kinematic perspective. Students will explore and apply these principles to a human movement or exercise of their choice.

Prerequisite(s): [BIO 1090 Introduction to Human Anatomy and Physiology I](#) or [BIO 3200 Advanced Human Anatomy and Physiology I](#).

(Normally offered each semester.)

Course Hours

3 hours

Departments/Programs

1. [Health and Human Performance \(Undergraduate\)](#)