Nebraska Wesleyan University

HHP 3600 Secondary PE Methods

Catalog

2026-2027

Course Description

A course designed to instruct students on how to teach physical education to middle and high school students. Topics include curriculum development, planning, assessment, behavior management, modifications, team sports, individual and lifetime activities, and technology. Students will have numerous opportunities to create and teach PE lessons to each other. For PE majors, a 20-hour practicum experience in a local middle or high school physical education class is required. For non-PE majors, a final project will be required.
Prerequisite(s): Junior standing or permission of instructor.
(Normally offered every spring semester.)

Archway Curriculum: Essential Connections: Speaking Instructive
Archway Curriculum: Essential Connections: Writing Instructive

Course Hours

3 hours

Departments

1. Health and Human Performance (Undergraduate)