Nebraska Wesleyan University

HHP 2800 Clinical Exercise Physiology

Catalog

2026-2027

Course Description

This course is designed to introduce students to clinical exercise. This course will involve the application of clinical exercise physiology to medical populations, including patients with cardiovascular disease, pulmonary disease, diabetes, cancer, and various musculoskeletal diseases and disorders. Introduction to interpreting electrocardiograms, exercise testing, and case-study analyses are also included.

(Normally offered each spring semester.)

Archway Curriculum: Integrative Core: Human Health and Disease Thread

Course Hours

2 hours

Departments

1. Health and Human Performance (Undergraduate)