

## **HHP 1790 Sports Studies - An Introduction to Baseball/Softball**

### **Catalog**

2026-2027

### **Course Description**

A course designed to develop and expand information about the game of baseball/softball. This course will familiarize students with the rules, strategies, and skills associated with baseball/softball. Information will be provided to benefit students interested in coaching and officiating as well as those who want to increase their knowledge of the game.  
(Normally offered each spring semester.)

### **Course Hours**

2 hours

### **Departments/Programs**

1. Health and Human Performance (Undergraduate)