Nebraska Wesleyan University

Athletic Training (M.A.T.)

Catalog

2026-2027

Program Description

The Master of Athletic Training two-year program will begin May 2025.

Admission

The program is for students who have been formally admitted into the Master of Athletic Training program. The MAT program will start in the summer 2025. To see all admissions requirements and to obtain admission materials, visit the Athletic Training Program page.

The Nebraska Wesleyan University Athletic Training program is accredited by the Commission on Accreditation of Athletic Training Education.

Mission Statement

The Athletic Training Program at Nebraska Wesleyan University prepares students for a career in athletic training by providing them the skills and knowledge to practice in a variety of settings while allowing opportunities for intellectual and personal growth within the framework of a liberal arts education.

Program Goals

NWU's Athletic Training Program will:

1. Provide students diverse classroom and clinical experiences that allow them to be active learners.
2. Prepare students to be high impact health care professionals.
3. Develop students who act as ethical and responsible health care professionals.
4. Create a holistic learning experience to prepare students for a variety of job settings.
5. Support professional development through networking and volunteer opportunities.

Learning Outcomes

1. Demonstrate mastery of the knowledge, skills and abilities required of an entry-level athletic trainer.
2. Prepare students for interprofessional collaboration and employment in a variety of healthcare settings.
3. Employ skills and communication techniques appropriate for serving diverse patient populations.
4. Develop networking skills through involvement in professional organizations and outside volunteering.
5. Appraise current literature to justify evidence-based practice in athletic training.

Departments

1. Health and Human Performance (Graduate)

Master of Athletic Training (M.A.T., 51 hours)

Required Courses	51 hours
ATTR 5000 Fundamentals of Athletic Training	4 hours
ATTR 5010 Athletic Training Clinical Experience I	1 hour
ATTR 5020 Athletic Training Clinic Experience II	2 hours
ATTR 5030 Athletic Training Clinical Experience III	2 hours

Required Courses	51 hours
ATTR 5040 Athletic Training Clinical Experience IV	1 hours
ATTR 5050 Athletic Training Clinical Experience V	2 hours
ATTR 5060 Athletic Training Clinical Experience VI	3 hours
ATTR 5100 Anatomical Dissection	2 hours
ATTR 5330 Health Assessment	4 hours
ATTR 5350 Organization and Administration of Athletic Training	3 hours
ATTR 5400 Physical Examination of Lower Extremity	4 hours
ATTR 5410 Physical Examination of Upper Extremity	4 hours
ATTR 5450 Therapeutic Modalities	4 hours
ATTR 5510 Research and Statistics in Evidence-based Practice	2 hours
ATTR 5520 Applied Research and Statistics in Athletic Training I	2 hours
ATTR 5530 Applied Research and Statistics in Athletic Training II	2 hours
ATTR 5600 Rehabilitation of Athletic Injuries	4 hours
ATTR 5700 Pharmacology and Nutrition	3 hours
ATTR 5980 Athletic Training Exam Prep	1 hours
ATTR 5990 Athletic Training Graduate Seminar	1 hour