Nebraska Wesleyan University

Psychology (B.A., B.S.)

Catalog

2026-2027

Departments

1. Psychology

For the Psychology major, at least 20 hours must be taken in the Department of Psychology at Nebraska Wesleyan University. This includes a minimum of 12 hours from upper-level (3000-4990) courses.

Psychology Major (B.A. or B.S., 35-36 hours)

Requirements	35-36 hours
PSYCH 1010FYW Introduction to Psychological Science or PSYCH 1010 Introduction to Psychological Science	3-4 hours
PSYCH 2010 Professional Seminar	2 hours
PSYCH 2100 Psychological Statistics	4 hours
PSYCH 2110 Research Methods in Psychology	4 hours
Skills Courses: (complete at least 2 credits) • PSYCH 2210 Basic Helping Skills • PSYCH 2970 Psychology Practicum • PSYCH 3310 Applied Ethics In Social Science Research • PSYCH 3320 Applied Data Skills in the Social Sciences • PSYCH 4930 Student Instructor Experience • PSYCH 4940 Research Experience • PSYCH 4970 Psychology Practicum • PSYCH 4990 Advanced Senior Research	2 hours

Requirements	35-36 hours
Content Pillars: (complete at least 2 credits in three of the four content pillars)	6 hours

Biology and Cognition Pillar

- CHEM 2500 Introduction to Neuroscience
- PSYCH 2160 Cognitive Psychology
- PSYCH 2600 Basic Learning Principles
- PSYCH 3150 Behavioral Neuroscience
- PSYCH 3650 Perception
- PSYCH 3910 Literature Spotlight: Biological Psychology & Cognitive Psychology

Developmental Pillar

- PSYCH 2350 Lifespan Development
- PSYCH 3360 Child and Adolescent Development
- PSYCH 3370 Adult Development and Aging
- PSYCH 3920 Literature Spotlight: Developmental Psychology

Social and Personality Pillar

- PSYCH 2400 Theories of Personality
- PSYCH 2500 Industrial/Organizational Psychology
- PSYCH 2650 Psychology of Gender
- PSYCH 2850 Social Psychology
- PSYCH 3500 Stereotypes, Prejudice & Discrimination
- PSYCH 3750 Cultural Psychology
- PSYCH 3940 Literature Spotlight: Social and Personality Psychology

Mental and Physical Health Pillar

- PSYCH 2450 Health Psychology
- PSYCH 2700 Psychological Disorders
- PSYCH 2750 Forensic Psychology
- PSYCH 3050 Art Therapy
- PSYCH 3210 Introduction To Counseling
- PSYCH 3450 Introduction to Clinical Psychology
- PSYCH 3800 Psychology of Sleep and Dreaming
- PSYCH 3930 Literature Spotlight: Mental and Physical Health

Content Course at 3000/4000 Level (select one or more courses not selected above) • PSYCH 3050 Art Therapy • PSYCH 3150 Behavioral Neuroscience • PSYCH 3210 Introduction To Counseling • PSYCH 3360 Child and Adolescent Development • PSYCH 3370 Adult Development and Aging • PSYCH 3450 Introduction to Clinical Psychology • PSYCH 3500 Stereotypes, Prejudice & Discrimination • PSYCH 3650 Perception • PSYCH 3750 Cultural Psychology • PSYCH 3800 Psychology of Sleep and Dreaming • PSYCH 3910 Literature Spotlight: Biological Psychology & Cognitive Psychology • PSYCH 3920 Literature Spotlight: Developmental Psychology • PSYCH 3930 Literature Spotlight: Mental and Physical Health • PSYCH 3940 Literature Spotlight: Social and Personality Psychology • PSYCH 4990 Advanced Senior Research	6 hours
Psychology Upper Level Electives	**4 hours**
Select an upper level PSYCH elective(s).	4 hours
Capstone	**4 hours**
PSYCH 4980 Capstone: Senior Research	4 hours