Nebraska Wesleyan University

Catalog 2025-2026

Course:

ATTR 5000X Fundamentals Of Athletic Training

4 hours

Departments/Programs:

Health and Human Performance (Undergraduate)

A study of injuries common to athletic participants and the prevention and care of such injuries and application of the principles (e.g. taping, bracing, splinting, etc.) and techniques involved in the advanced administration of first aid, cardio-pulmonary resuscitation (CPR), and automated external defibrillators (AEDs). Students will earn American Red Cross certifications.