Nebraska Wesleyan University Catalog 2025-2026

Course: ATTR 5450 Therapeutic Modalities

4 hours

Majors, Minors & Degrees:

Majors Exercise Science (Pre-AT) (B.S.)

Majors (Grad) Athletic Training (M.A.T.)

Departments/Programs:

Health and Human Performance (Graduate)

This course is designed to provide an overview of the theory, application, and knowledge of therapeutic modalities. The use of heat, cold, electrical, and other treatments (e.g. massage, manual therapy, etc.) will be explored.