## Nebraska Wesleyan University

Catalog 2025-2026

# **HHP 2850 Structural Kinesiology**

1 hour

### Majors, Minors & Degrees:

#### Majors

Exercise Science (B.S.) Exercise Science (Pre-AT) (B.S.)

#### Minors

Exercise Science Health and Fitness Studies

## Departments/Programs:

Health and Human Performance (Undergraduate)

This course integrates musculoskeletal anatomy with human movement. Students will learn and apply musculoskeletal anatomy and joint actions to upper extremity, lower extremity, and trunk movements.

Normally offered each semester.