Nebraska Wesleyan University

PSYCH 3370 Adult Development and Aging

Catalog

2025-2026

Course Description

This course will examine theories, research, and applications of development in the adult years, gaining perspective and appreciation for the developmental and aging processes that occur in this time period. In particular, the course will follow biopsychosocial perspectives with a strong focus on diversity in adult development, examining how factors might affect development differently for different people. These factors will include, but are not limited to, mental health status, socioeconomic status, race, ethnicity, cultural influences, sexual identity, gender identity, ability, and developmental history.

Prerequisite(s): PSYCH 1010 Introduction to Psychological Science/PSYCH 1010FYW Introduction to Psychological Science; PSYCH 2350 Lifespan Development; or instructor permission.

Course Hours

4 hours

Departments

1. Psychology