Nebraska Wesleyan University

SOCWK 5330 Clinical Interventions with Individuals and Families

Catalog

2025-2026

Course Description

In this advanced practice course, students will explore clinical interventions used to effectively treat the symptoms of trauma, as well as other mental health needs. Students will explore the elements of trauma treatment, which include establishing a sense of safety, manage emotions, and develop coping strategies. Students will
further be introduced to well-established theories and practice models to treat trauma as well as how to apply the most recent research on resilience as applied to a variety of clients and practice settings. Students will work in a simulation setting to engage, assess, and intervene with individuals and families and evaluate their own
practice behavior. Students will apply ethical decision-making practices that demonstrate an understanding of trauma and well-being. Students will practice self-reflection to identify vicarious trauma and possible self-care strategies used to address it.

Prerequisite(s): SOCWK 5270 Generalist Field Practicum, SOCWK 5300 Nature of Trauma and Traumatic Experience, SOCWK 5310 Clinical Assessment with Individuals and Families.

Course Hours

3 hours

Departments

1. Social Work (Graduate)