Nebraska Wesleyan University

SOCWK 5300 Nature of Trauma and Traumatic Experience

Catalog

2025-2026

Course Description

In this advanced course, students will be introduced to different types of traumatic and adverse experiences, ranging from private terrors to public traumas, creating an understanding that the impact of trauma is experienced both collectively and individually, historically and
racially. Additionally, students will explore the role of affect regulation as a key component to understanding our thinking and our body-based responses to our biases and perceptions in the treatment of trauma. Students will gain an understanding of how trauma and adversity impact people physiologically, psychologically, and socially.

Course Hours

3 hours

Departments

1. Social Work (Graduate)