Nebraska Wesleyan University Catalog 2025-2026

Course: HHP 4800 Research and Statistical Methods

3 hours

Majors, Minors & Degrees:

Majors

Exercise Science (B.S.) Health and Fitness Studies (B.S.)

Minors Exercise Science

Departments/Programs:

Health and Human Performance (Undergraduate)

Research and Statistical Methods is designed for senior-level HHP majors to develop an understanding of the research process and the rationales for basic behavioral statistics in the field of exercise science. This class will focus on the creation of a research proposal for exercise science and on developing reading, writing, and practical skills to interpret and conduct research.

Prerequisite(s): HHP 1320 Introduction to Allied Health and junior standing, or permission of the instructor.

(Normally offered each semester)