Nebraska Wesleyan University

THTRE 1610 Ballet I

Catalog

2025-2026

Course Description

Ballet I is an introductory course in the fundamentals of ballet that underscore musical theatre dance. Students will learn vocabulary, basic ballet technique, care of the ballet dancer's body, strength and conditioning exercises, and basic ballet combinations. This course may be repeated for credit.

(Normally offered every fall semester.)

Course Hours

0-2 hours

Departments

1. Theatre