

## HHP 4990 Senior Capstone

1 hour

### Majors, Minors & Degrees:

#### Majors

Exercise Science (B.S.)  
Exercise Science (Pre-AT) (B.S.)  
Health and Fitness Studies (B.S.)  
Health and Physical Education (B.S.)  
Physical Education (B.S.)  
Public Health (B.S.)  
Sport Management (B.S.)

### Departments/Programs:

Health and Human Performance (Undergraduate)

This senior capstone class is the final course for a degree in the Health and Human Performance Department. In a capstone experience, students will reflect on your academic growth while finalizing a customized electronic portfolio. The ePortfolio will be used to review and reflect on previous work, carryout an assessment of their academic career, and project a future vision for an intended career in their chosen field. This ePortfolio can be used for future academic goals as well as to serve as an aid for housing acquired material. Prerequisites: Senior standing and Departmental major or permission of the instructor. No Pass/Fail. *Prerequisite(s): Senior standing and a departmental major, or permission of the instructor.*

(Normally offered each semester.)