Nebraska Wesleyan University

Catalog 2025-2026

HHP 3650 Adapted Physical Education

3 hours

Majors, Minors & Degrees:

Majors

Health and Physical Education (B.S.) Physical Education (B.S.) Special Education (B.A., B.S.)

Departments/Programs:

Health and Human Performance (Undergraduate)

A course designed to instruct students on how to teach physical education to students with disabilities. Topics include curriculum development, planning, assessment, behavior management, modifications, IEPs, law, and disability sports. Students will learn about the different disability classifications found in the school system. Students will also participate in a number of disability simulation labs. A 10-hour practicum experience working with students with disabilities in a physical activity setting is required. *Prerequisite(s): Junior standing or permission of the instructor.*

(Normally offered each spring semester.)