Nebraska Wesleyan University

HHP 3650 Adapted Physical Education

Catalog

2025-2026

Course Description

A course designed to instruct students on how to teach physical education to students with disabilities. Topics include curriculum development, planning, assessment, behavior management, modifications, IEPs, law, and disability sports. Students will learn about the different disability classifications found in the school system. Students will also participate in a number of disability simulation labs. A 10-hour practicum experience working with students with disabilities in a physical activity setting is required.
Prerequisite(s): Junior standing or permission of the instructor.
(Normally offered each spring semester.)

Course Hours

3 hours

Departments

1. Health and Human Performance (Undergraduate)