Nebraska Wesleyan University

HHP 3550 Health Methods

Catalog

2025-2026

Course Description

A course designed to instruct students on how to teach Health education in the school setting. This course will prepare students to teach standards-based Health to all grade levels. Topics include curriculum development, planning, CSPAP, assessment, and technology. Students will have numerous opportunities to create and teach Health lessons to each other. For Health and PE majors, a 10-hour practicum experience in a local school Health class is required. For non-majors, a final project will be required.
Prerequisite(s): Junior standing or permission of instructor.
(Normally offered every fall semester.)

Archway Curriculum: Essential Connections: Writing Instructive
Archway Curriculum: Essential Connections: Speaking Instructive

Course Hours

3 hours

Departments

1. Health and Human Performance (Undergraduate)