Nebraska Wesleyan University

HHP 3500 Elementary PE Methods

Catalog

2025-2026

Course Description

A course designed to instruct students on how to teach physical education to elementary students. Topics include curriculum development, planning, assessment, behavior management, modifications, and locomotor and object control skills. Students will have numerous opportunities to create and teach PE lessons to each other. For PE majors, a 20-hour practicum experience in a local elementary physical education class is required. For non-PE majors, a final project will be required.
Prerequisite(s): Junior standing or permission of instructor.
(Normally offered every fall semester.)

Archway Curriculum: Essential Connections: Writing Instructive
Archway Curriculum: Essential Connections: Speaking Instructive

Course Hours

3 hours

Departments

1. Health and Human Performance (Undergraduate)