Nebraska Wesleyan University

HHP 3100 Worksite Health Promotion

Catalog

2025-2026

Course Description

A course designed to introduce students to concepts and practices relating to worksite health promotion. Students will learn how to develop, implement, and evaluate wellness promotion programs. Students will complete a 20-hour field experience in an assigned worksite in the community to provide invaluable experience.
(Normally offered each spring semester.)

Course Hours

3 hours

Departments

1. Health and Human Performance (Undergraduate)