Nebraska Wesleyan University

Catalog 2025-2026

Course:

HHP 2800 Clinical Exercise Physiology

2 hours

Majors, Minors & Degrees:

Majors

Exercise Science (B.S.) Health and Fitness Studies (B.S.)

Minors

Exercise Science

Departments/Programs:

Health and Human Performance (Undergraduate)

This course is designed to introduce students to clinical exercise. This course will involve the application of clinical exercise physiology to medical populations, including patients with cardiovascular disease, pulmonary disease, diabetes, cancer, and various musculoskeletal diseases and disorders. Introduction to interpreting electrocardiograms, exercise testing, and case-study analyses are also included.

(Normally offered each spring semester.)