## Nebraska Wesleyan University

Catalog 2025-2026

## HHP 2780 Curriculum and Methodology for Elementary Health and Physical Education

3 hours

Majors, Minors & Degrees:

## Majors

Elementary Education (B.A., B.S.)

## Departments/Programs:

Health and Human Performance (Undergraduate)

An examination of the objectives of an elementary health and physical education program and the development of a curriculum to meet these objectives. An introduction to teaching methods and class management skills are utilized in these programs. This course is designed for elementary education majors.

Prerequisite(s): Sophomore standing. (Normally offered each fall semester.)