## Nebraska Wesleyan University

Catalog 2025-2026

# HHP 2030 Human Sexuality

3 hours

## Majors, Minors & Degrees:

#### Majors

Exercise Science (B.S.) Health and Physical Education (B.S.) Public Health (B.S.)

#### Minors

Health and Fitness Studies Public Health

## Departments/Programs:

#### Health and Human Performance (Undergraduate)

A course designed to develop and expand current information about human sexuality in a practical manner. The course will present facts and statistics about anatomy and physiology, gender, sexual orientation, reproduction, sexually transmitted infections, contraception, sexual growth and development, relationships and sexual communication, sexual health, commercialization of sex and sexual coercion.

(Normally offered each semester.)