## Nebraska Wesleyan University

Catalog 2025-2026

# **PSYCH 1010 Introduction to Psychological Science**

4 hours

### Majors, Minors & Degrees:

#### Majors

Exercise Science (Pre-AT) (B.S.)

#### Minors

Human Resources Management Psychology

#### Departments/Programs:

#### Psychology

The Introduction to Psychological Science course will engage students in a learner-centered approach to the science of behavior and mental processes by synthesizing these areas of psychology: Scientific Inquiry, Biopsychology, Development, and Learning, Sociocultural Context, Individual Variations, and Applications of Psychological Science. This is not a First Year Writing Course.