Nebraska Wesleyan University

Student Life - Academic Credit

Catalog

2025-2026

About the Program

Mission

Student Life cultivates transformative experiences that empower students individually and as members of their communities.

Courses

STLF 1000 Varsity Sports

0-1 hours

Participation on a varsity team regularly coached and organized by a member of the staff. Course may be recorded on transcript a maximum of four times in each sport, with a limit of one recording per year per sport. P/F only.

STLF 1010 Success Seminar

1 hour

This course is designed to help students achieve greater success in college and in their future lives. Students will develop academic self-efficacy as well as life management skills. Taught in a discussion-oriented environment, this course helps students develop strategies that can improve their academic, professional and personal success.

Normally offered each semester.

STLF 1020 Academic Resiliency Seminar

1 hour

Course designed to cover a variety of academic and decision-making skills to improve one's academic performance and overall confidence in an academic setting.

STLF 2010 Job And Internship Search Review

1 hours

The purpose of this course is to assist students in their major and career decision-making process through the integration of self-knowledge and research in the world of work. The course will examine the methods and practice of achieving career goals with emphasis on the exploration of career opportunities, resume development, cover letter composition, interviewing, networking, professional image, and the use of technology in achieving career goals. Students will develop the skills to assist them with job/internship search and career growth throughout their lives.

STLF 2100 Residential Peer Assistant

0-1 hours

Students who serve as Peer Assistants in the Residence Halls will have the opportunity to register for this course to document their personal and professional growth through this experience as well as their application of curricular and co-curricular learning in the areas of leadership, community-building, interpersonal and intercultural communication, strategic thinking, time management, and conflict resolution. P/F Only.
Prerequisite(s): Instructor Permission.

STLF 2200 Greek Leadership

0-1 hour

Students who serve as officers in their Greek organizations will have the opportunity to register for this course to document their personal and professional growth through this experience as well as their application of curricular and co-curricular learning in the areas of leadership, community-building, interpersonal and intercultural communication, strategic thinking, time management, and conflict resolution. Pass/Fail Only.
Prerequisite(s): Instructor Permission.
(Normally offered fall semester only.)