

Minor:

## Exercise Science

Departments/Programs:

Health and Human Performance (Undergraduate)

### Exercise Science Minor (18 hours)

| Requirements   | 18 hours |
|--|----------|
| HHP 2500 Basic Human Nutrition   | 2 hours  |
| HHP 3850 Biomechanics  | 3 hours  |
| HHP 4150 Physiology of Exercise  | 4 hours  |
| 9 credit hours from courses below:   | 9 hours  |
| <ul style="list-style-type: none"><li>• HHP 1270 Advanced Emergency Care</li><li>• HHP 1910 Medical Terminology</li><li>• HHP 2720 Introduction to Massage Therapy</li><li>• HHP 2800 Clinical Exercise Physiology</li><li>• HHP 2850 Structural Kinesiology</li><li>• HHP 3100 Worksite Health Promotion</li><li>• HHP 3120 Motor Learning and Control</li><li>• HHP 3150 Principles Of Sport Performance</li><li>• HHP 4800 Research and Statistical Methods</li><li>• HHP 4250 Exercise Testing and Programming</li></ul> |          |