

Athletic Training (M.A.T.)

The Master of Athletic Training two-year program will begin May 2025.

Admission

The program is for students who have been formally admitted into the Master of Athletic Training program. The MAT program will start in the summer 2025. To see all admissions requirements and to obtain admission materials, visit the [Athletic Training Program](#) page.

The Nebraska Wesleyan University Athletic Training program is accredited by the [Commission on Accreditation of Athletic Training Education](#).

Mission Statement

The Athletic Training Program at Nebraska Wesleyan University prepares students for a career in athletic training by providing them the skills and knowledge to practice in a variety of settings while allowing opportunities for intellectual and personal growth within the framework of a liberal arts education.

Program Goals

NWU's Athletic Training Program will:

1. Provide students diverse classroom and clinical experiences that allow them to be active learners.
2. Prepare students to pass the BOC exam. (Our goal is to have at least an 80% first-time pass rate.)
3. Develop students who act as ethical and responsible athletic training professionals.

Learning Outcomes

Majors will be able to:

1. Demonstrate mastery of the knowledge, skills and abilities required of an entry-level athletic trainer.
2. Be prepared for employment in a variety of athletic training and healthcare settings.
3. Employ skills and communication techniques appropriate for serving diverse patient populations.
4. Recognize the importance of being involved in and network through professional organizations.
5. Value ethical principles and behavior required of a healthcare professional.

Departments/Programs:

Health and Human Performance (Graduate)

Master of Athletic Training (M.A.T., 58 hours)

| Required Courses | 58 hours |
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| ATTR 5000 Fundamentals of Athletic Training | 4 hours |
| ATTR 5010 Athletic Training Clinical Experience I | 1 hour |
| ATTR 5020 Athletic Training Clinic Experience II | 3 hours |
| ATTR 5030 Athletic Training Clinical Experience III | 3 hours |
| ATTR 5040 Athletic Training Clinical Experience IV | 2 hours |
| ATTR 5050 Athletic Training Clinical Experience V | 4 hours |
| ATTR 5060 Athletic Training Clinical Experience VI | 4 hours |
| ATTR 5100 Anatomical Dissection | 2 hours |
| ATTR 5330 Health Assessment | 4 hours |
| ATTR 5350 Organization and Administration of Athletic Training | 3 hours |

| Required Courses | 58 hours |
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| ATTR 5400 Physical Examination of Lower Extremity | 4 hours |
| ATTR 5410 Physical Examination of Upper Extremity | 4 hours |
| ATTR 5450 Therapeutic Modalities | 4 hours |
| ATTR 5510 Research and Statistics in Evidence-based Practice | 2 hours |
| ATTR 5520 Research in Athletic Training I | 2 hours |
| ATTR 5530 Research in Athletic Training II | 2 hours |
| ATTR 5600 Rehabilitation of Athletic Injuries | 4 hours |
| ATTR 5700 Pharmacology and Nutrition | 3 hours |
| ATTR 5980 Athletic Training Exam Prep | 2 hours |
| ATTR 5990 Athletic Training Graduate Seminar | 1 hour |