

Minor:

## Exercise Science

Departments/Programs:

Health and Human Performance (Undergraduate)

### Exercise Science Minor (18 hours)

Requirements	18 hours
HHP 2500 Basic Human Nutrition	2 hours
HHP 3850 Biomechanics	3 hours
HHP 4150 Physiology of Exercise	4 hours

9 credit hours from courses below:

- HHP 1270 Advanced Emergency Care
- HHP 1910 Medical Terminology
- HHP 2720 Introduction to Massage Therapy
- HHP 2800 Clinical Exercise Physiology
- HHP 2850 Structural Kinesiology
- HHP 3100 Worksite Health Promotion
- HHP 3120 Motor Learning and Control
- HHP 3150 Principles Of Sport Performance
- HHP 4800 Research and Statistical Methods
- HHP 4810 Senior Research
- HHP 4250 Exercise Testing and Programming

9 hours