Nebraska Wesleyan University

SOCWK 5330 Assessment and Treatment of Trauma

Catalog

2024-2025

Course Description

In this advanced practice course, students will learn to assess the type of traumatic event and intensity of exposure in order to effectively treat the symptoms of trauma. Students will be introduced to instruments utilized to evaluate the impact of traumatic events and the elements of trauma treatment, which include establishing a sense of safety, manage emotions, and develop coping strategies. Students will further be introduced to well-established practice models to treat trauma as well as how to apply the most recent research on resilience as applied to a variety of clients and practice settings. Students will work in a simulation setting to engage, assess, and intervene with individuals and families and evaluate their own practice behavior. Students will apply ethical decision-making practices that demonstrate an understanding of trauma and well-being. Students will practice self-reflection to identify vicarious trauma and possible self-care strategies used to address it.

Prerequisite(s): SOCWK 5270 Generalist Field Practicum, SOCWK 5300 Nature of Trauma and Traumatic Experience, SOCWK 5310 Theories for Advanced Social Work Practice.

Course Hours

3 hours

Departments

1. Social Work (Graduate)