Nebraska Wesleyan University

SOCWK 5300 Nature of Trauma and Traumatic Experience

Catalog

2024-2025

Course Description

In this advanced course, students will be introduced to different types of traumatic experiences, ranging from private terrors to public traumas, creating an understanding that the impact of trauma is experienced both collectively and individually, historically and racially. Additionally, the role of affect regulation as a key component to understanding our thinking and our body-based responses to our biases and perceptions in the treatment of trauma. Students will gain an in-depth understanding of neuroscience and how experiences shape the developing, embodied brain.

Course Hours

3 hours

Departments

1. Social Work (Graduate)