

## **STLF 1010 Success Seminar**

1 hour

### **Departments/Programs:**

Student Life - Academic Credit

This course is designed to help students achieve greater success in college and in their future lives. Students will develop academic self-efficacy as well as life management skills. Taught in a discussion-oriented environment, this course helps students develop strategies that can improve their academic, professional and personal success.

Normally offered each semester.