

HHP 3850 Biomechanics

3 hours

Majors, Minors & Degrees:

Majors

Exercise Science (B.S.)
Exercise Science (Pre-AT) (B.S.)
Health and Fitness Studies (B.S.)
Health and Physical Education (B.S.)
Physical Education (B.S.)

Minors

Exercise Science

Departments/Programs:

Health and Human Performance (Undergraduate)

This course integrates physics with human movement to provide understanding of human movement from a kinetic and kinematic perspective. Students will explore and apply these principles to a human movement or exercise of their choice.

Prerequisite(s): BIO 1090 Introduction to Human Anatomy and Physiology I or BIO 3200 Advanced Human Anatomy and Physiology I.

(Normally offered each semester.)