Nebraska Wesleyan University

PSYCH 3100 Introduction to Counseling Skills

Catalog

2024-2025

Course Description

A practical introduction to the skills and techniques of counseling in a variety of human service settings. Emphasis is on skill development and application. Includes an overview and integration of well-established theories of counseling and psychotherapy. *Prerequisite(s): PSYCH 1010/PSYCH 1010FYW Introduction to Psychological Science or permission of the instructor.* (Normally offered each spring semester.)

Course Hours

4 hours

Departments

1. Psychology