Nebraska Wesleyan University

SOCWK 5300 Nature of Trauma and Traumatic Experience

Catalog

2023-2024

Course Description

In this advanced course students will be introduced to different types of traumatic events and the variety of social contexts these traumatic events take place. Students will gain a basic understanding of concepts associated with the neurobiology of trauma and recognize the importance of the social context in which trauma occurs. Students will learn how this knowledge informs one's social work practice. Students will evaluate how diversity and difference impact the experiences of trauma and resilience on clients at the micro and mezzo levels. Specifically, students will understand the impact of systemic oppression, discrimination, and the abuse of power and authority on individuals, families, and generations of individuals living within cultures over time. Students will understand trauma is an experience of disconnection from self and others. Students will value the role of affect regulation and self-awareness as key to experiencing connection to oneself and others.

Course Hours

3 hours

Departments

1. Social Work (Graduate)