

Minor:

## Exercise Science

Departments/Programs:

Health and Human Performance (Undergraduate)

### Exercise Science Minor (18 hours)

Requirements	18 hours
HHP 2500 Basic Human Nutrition	2 hours
HHP 3850 Biomechanics	3 hours
HHP 4150 Physiology of Exercise	4 hours
9 credit hours from courses below:	9 hours
<ul style="list-style-type: none"><li>• HHP 1270 Advanced Emergency Care</li><li>• HHP 1910 Medical Terminology</li><li>• HHP 2720 Introduction to Massage Therapy</li><li>• HHP 2800 Cardiac Rehabilitation</li><li>• HHP 2850 Structural Kinesiology</li><li>• HHP 3100 Worksite Health Promotion</li><li>• HHP 3120 Motor Learning and Control</li><li>• HHP 3150 Principles Of Sport Performance</li><li>• HHP 4800 Research and Statistical Methods</li><li>• HHP 4810 Senior Research</li><li>• HHP 4250 Exercise Testing and Programming</li></ul>	