## Nebraska Wesleyan University Catalog 2022-2023

## Course: SOCWK 5330 Assessment & Treatment Of Trauma

## 3 hours

Majors (Grad) Social Work (M.S.W.)

## Departments/Programs:

Social Work (Graduate)

In this advanced practice course students will learn to assess the type of traumatic event and intensity of exposure in order to effectively treat the symptoms of trauma. Students will be introduced to instruments utilized to evaluate the impact of traumatic events and the elements of trauma treatment which include establish a sense of safety, manage emotions and develop coping strategies. Students will further be introduced to well established practice models to treat trauma as well as how to apply the most recent research on resilience as applied to a variety of clients and practice settings.

Prerequisite(s): SOCWK 5300 Nature Of Trauma & Traumatic Experience, SOCWK 5310 Advanced Social Work Interventions.