

## HHP 1350 Introduction to Health and Physical Education

2 hours

Majors, Minors & Degrees:

**Majors**

Health and Physical Education (B.S.)

Physical Education (B.S.)

Departments/Programs:

Health and Human Performance (Undergraduate)

This course provides an overview of the field of Health and Physical Education. Topics addressed will include: How to become a Health and Physical Education teacher; Passing the Praxis; the role of Health and Physical Education in society; the role of Health and Physical Education in the school setting; the history of Physical Education; and current issues in Health.

Normally offered each spring semester.