

**Course:**

**HHP 3850 Biomechanics**

**3 hours**

**Majors, Minors & Degrees:**

**Majors**

Exercise Science (B.S.)  
Exercise Science (Pre-AT) (B.S.)  
Health and Fitness Studies (B.S.)  
Health and Physical Education (B.S.)  
Physical Education (B.S.)

**Minors**

Exercise Science

**Departments/Programs:**

Health and Human Performance (Undergraduate)

This course integrates physics with human movement to provide understanding of human movement from a kinetic and kinematic perspective. Students will explore and apply these principles to a human movement or exercise of their choice.  
*Prerequisite(s): BIO 1090 Introduction to Human Anatomy and Physiology I or BIO 3200 Advanced Human Anatomy and Physiology I.*

Normally offered each spring semester.