

HHP 3600 Secondary PE Methods

3 hours

Majors, Minors & Degrees:

Majors

Health and Fitness Studies (B.S.)
Health and Physical Education (B.S.)
Physical Education (B.S.)

Certification Endorsements

Secondary Education Endorsement

Departments/Programs:

Health and Human Performance (Undergraduate)

A course designed to instruct students on how to teach physical education to middle and high school students. Topics include curriculum development, planning, assessment, behavior management, modifications, team sports, individual and lifetime activities, and technology. Students will have numerous opportunities to create and teach PE lessons to each other. For PE majors, a 20-hour practicum experience in a local middle or high school physical education class is required. For non-PE majors, a final project will be required.

Prerequisite(s): Junior standing or permission of instructor.
(Normally offered every spring semester.)