

HHP 2850 Structural Kinesiology

1 hour

Majors, Minors & Degrees:

Majors

Exercise Science (B.S.)

Health and Fitness Studies (B.S.)

Minors

Exercise Science

Health and Fitness Studies

Departments/Programs:

Health and Human Performance

This course integrates musculoskeletal anatomy with human movement. Students will learn and apply musculoskeletal anatomy and joint actions to upper extremity, lower extremity, and trunk movements.

Normally offered each semester.