

## HHP 2850 Structural Kinesiology

1 hour

### Majors, Minors & Degrees:

#### **Majors**

Exercise Science (B.S.)

Health and Fitness Studies (B.S.)

#### **Minors**

Exercise Science

Health and Fitness Studies

### Departments/Programs:

Health and Human Performance

This course integrates musculoskeletal anatomy with human movement. Students will learn and apply musculoskeletal anatomy and joint actions to upper extremity, lower extremity, and trunk movements.

Normally offered each semester.