

Minor:

Exercise Science

Departments/Programs:

Health and Human Performance

Exercise Science Minor (18 hours)

Requirements	18 hours
HHP 2500 Basic Human Nutrition	2 hours
HHP 3850 Biomechanics	3 hours
HHP 4150 Physiology of Exercise	4 hours
9 credit hours from courses below:	9 hours
<ul style="list-style-type: none">• HHP 1270 Advanced Emergency Care• HHP 1910 Medical Terminology• HHP 2720 Introduction to Massage Therapy• HHP 2800 Cardiac Rehabilitation• HHP 2850 Structural Kinesiology• HHP 3100 Worksite Health Promotion• HHP 3120 Motor Learning and Control• HHP 3150 Principles Of Sport Performance• HHP 4800 Research And Statistical Methods• HHP 4810 Senior Research• HHP 4250 Exercise Testing and Programming	