

**Major:**

## **Athletic Training (B.S.)**

**Departments/Programs:**

Health and Human Performance

### **Accreditation and Admission**

The Athletic Training program leads to a Bachelor of Science degree with a major in Athletic Training. Students who wish to pursue this degree must be formally admitted to the program. This is a selective admissions program with a competitive admission process. Acceptance into the program is based on the admission material completed and submitted to the Program Director on or before March 15. To see all admissions requirements and to obtain admission materials, visit the [Athletic Training Program page](#).

The Nebraska Wesleyan University Athletic Training program is accredited by the [Commission on Accreditation of Athletic Training Education](#).

### **Mission Statement**

The Athletic Training Program at Nebraska Wesleyan University prepares students for a career in athletic training by providing them the skills and knowledge to practice in a variety of settings while allowing opportunities for intellectual and personal growth within the framework of a liberal arts education.

### **Program Goals**

NWU's Athletic Training Program will:

1. Provide students diverse classroom and clinical experiences that allow them to be active learners.
2. Prepare students to pass the BOC exam. (Our goal is to have at least an 80% first-time pass rate.)
3. Develop students who act as ethical and responsible athletic training professionals.

### **Learning Outcomes**

Majors will be able to:

1. Demonstrate mastery of the knowledge, skills and abilities required of an entry-level athletic trainer.
2. Be prepared for employment in a variety of athletic training and healthcare settings.
3. Employ skills and communication techniques appropriate for serving diverse patient populations.
4. Recognize the importance of being involved in and network through professional organizations.
5. Value ethical principles and behavior required of a healthcare professional.

## **Athletic Training Major (B.S., 62 hours)**

Requirements	61 hours
BIO 1090 Introduction to Human Anatomy and Physiology I and BIO 1090L Introduction to Human Anatomy and Physiology I Laboratory	4 hours
BIO 1100 Introduction to Human Anatomy and Physiology II and BIO 1100L Introduction to Human Anatomy and Physiology II Lab	4 hours
PSYCH 2450 Health Psychology	4 hours
ATTR 1270/HHP 1270 Advanced Emergency Care	1 hour
ATTR 1300/HHP 1300 Prevention and Care of Athletic Injuries	3 hours

<b>Requirements</b>	<b>61 hours</b>
ATTR 2010 Athletic Training Clinical Experience I	2 hours
ATTR 2020 Athletic Training Clinical Experience II	2 hours
ATTR 2400 Physical Exam of the Lower Extremity	3 hours
ATTR 2410 Physical Exam of the Upper Extremity	3 hours
ATTR 2450 Therapeutic Modalities of Athletic Injuries	3 hours
ATTR 3010 Athletic Training Clinical Experience III	2 hours
ATTR 3020 Athletic Training Clinical Experience IV	2 hours
ATTR 3330 Health Assessment	3 hours
ATTR 3600 Rehabilitation of Injuries	3 hours
ATTR 4010 Athletic Training Clinical Experience V	2 hours
ATTR 4020 Athletic Training Clinical Experience VI	2 hours
ATTR 4350 Organization and Administration of Athletic Training	3 hours
HHP 2010 Drugs in Modern Society	3 hours
HHP 2500 Basic Human Nutrition	2 hours
HHP 3850 Biomechanics	3 hours
HHP 3150 Principles Of Sport Performance	3 hours
HHP 4150 Physiology of Exercise	4 hours
<b>Capstone Course</b>	<b>1 hour</b>
ATTR 4990 Senior Capstone	1 hour