Nebraska Wesleyan University

HHP 1350 Intro To Health & Physical Education

Catalog

2021-2022

Course Description

This course provides an overview of the field of Health and Physical Education. Topics addressed will include: How to become a Health and Physical Education teacher; Passing the Praxis; the role of Health and Physical Education in society; the role of Health and Physical Education in the school setting; the history of Physical Education; and current issues in Health.

Normally offered each spring semester.

Course Hours

2 hours

Departments

1. Health and Human Performance