### Nebraska Wesleyan University

Catalog 2021-2022

Course:

# **HHP 3600 Secondary PE Methods**

3 hours

Majors, Minors & Degrees:

#### **Majors**

Health and Fitness Studies (B.S.) Health and Physical Education (B.S.) Physical Education (B.S.)

#### **Certification Endorsements**

Secondary Education Endorsement

## Departments/Programs:

Health and Human Performance

A course designed to instruct students on how to teach physical education to middle and high school students. Topics include curriculum development, planning, assessment, behavior management, modifications, team sports, individual and lifetime activities, and technology. Students will have numerous opportunities to create and teach PE lessons to each other. For PE majors, a 20-hour practicum experience in a local middle or high school physical education class is required. For non-PE majors, a final project will be required.

Prerequisite(s): Major in HHP or Education and junior standing, or permission of instructor.

Normally offered every spring semester.