

## HHP 3550 Health Methods

3 hours

### Majors, Minors & Degrees:

#### **Majors**

Health and Fitness Studies (B.S.)  
Health and Physical Education (B.S.)

### Departments/Programs:

Health and Human Performance

A course designed to instruct students on how to teach Health education in the school setting. This course will prepare students to teach standards-based Health to all grade levels. Topics include curriculum development, planning, CSPAP, assessment, and technology. Students will have numerous opportunities to create and teach Health lessons to each other. For Health and PE majors, a 10-hour practicum experience in a local school Health class is required. For non-majors, a final project will be required.

*Prerequisite(s): Major in HHP or Education and junior standing, or permission of instructor.*

Normally offered every Fall semester.