Nebraska Wesleyan University

HHP 1400 Games And Activities I

Catalog

2020-2021

Course Description

Physical Education teachers must possess the knowledge and skills to effectively teach fundamental motor skills and movement patterns to their students. The purpose of this course is to teach students the basic rules and fundamental skills for common PE games. The following sports will be addressed: baseball/softball, basketball, flag football, hockey, volleyball, and soccer. Additionally, students will be introduced to less common PE games and will have the opportunity to learn how to play them.

Normally offered each fall semester.

Course Hours

2 hours

Departments

1. Health and Human Performance