

## HHP 3990 Professional Engagement

1 hour

Majors, Minors & Degrees:

**Majors**

Exercise Science (B.S.)

Health and Fitness Studies (B.S.)

Departments/Programs:

Health and Human Performance

This class is designed to prepare students who are entering the professional field of health and human performance. Real-life, hands on tools for career advancement will be examined and then applied including the creation of goals and objectives, a personal statement, a cover letter, and a professional resume with references. An investigation into graduate schools (and the requirements for applying) or the job market for your intended career will be explored, as well as searching for alternative career paths. No Pass/Fail.

*Prerequisites: Junior or senior standing or permission of the instructor.*