

HHP 3550 Health Methods

3 hours

Majors, Minors & Degrees:

Majors

Health and Fitness Studies (B.S.)
Health and Physical Education (B.S.)

Departments/Programs:

Health and Human Performance

A course designed for students interested in teaching elementary, middle school and secondary health education. Topics include curriculum development, teaching goals and objectives, the study of health content, a framework for comprehensive school health education program, teaching strategies, curriculum guide development and lesson planning, constructing and using evaluation tools and measurements, methods and material (including technology) used in teaching health education. A 10-hour practicum experience in health education will be required.

Prerequisite(s): Major in HHP and and junior standing, or permission of instructor.
(Normally offered every fall semester.)