

Minor:

Coaching

Departments/Programs:

Health and Human Performance

Coaching Minor (18-19 hours)

Required Courses: Coaching Methods	10 hours
HHP 1270 Advanced Emergency Care	1 hour
HHP 1500 Introduction to Coaching Theory	2 hours
HHP 2650 Strength Training and Conditioning for Coaches	2 hours
HHP 2760 Sport and Exercise Psychology	2 hours
HHP 3000 Coaching Practicum	3-6 hours
Sports Studies	6 hours
Select 3 courses:	
<ul style="list-style-type: none">• HHP 1760 Sports Studies - An Introduction to Football• HHP 1770 Sports Studies - An Introduction to Volleyball• HHP 1780 Sports Studies - An Introduction to Basketball• HHP 1790 Sports Studies - An Introduction to Baseball/Softball• HHP 1800 Sports Studies - An Introduction to Soccer• HHP 1810 Sport Studies - An Introduction to Track/Cross Country• HHP 1840 Sports Studies: An Introduction to Swimming	
Electives	2-3 hours
Select 1 course:	
<ul style="list-style-type: none">• HHP 1740 Sport in Society• HHP 2500 Basic Human Nutrition• HHP 3210 Current Issues and Ethics in Sport• HHP 3700 Sport Law and Governance	