Nebraska Wesleyan University

Coaching

Catalog

2020-2021

Departments

1. Health and Human Performance

Coaching Minor (18-19 hours)

Required Courses: Coaching Methods	10 hours
HHP 1270 Advanced Emergency Care	1 hour
HHP 1500 Introduction to Coaching Theory	2 hours
HHP 2650 Strength Training and Conditioning for Coaches	2 hours
HHP 2760 Sport and Exercise Psychology	2 hours
HHP 3000 Coaching Practicum	3-6 hours
Sports Studies	**6 hours**

Select 3 courses:

- HHP 1760 Sports Studies - An Introduction to Football
- HHP 1770 Sports Studies - An Introduction to Volleyball
- HHP 1780 Sports Studies - An Introduction to Basketball
- HHP 1790 Sports Studies - An Introduction to Baseball/Softball
- HHP 1800 Sports Studies - An Introduction to Soccer
- HHP 1810 Sport Studies - An Introduction to Track/Cross Country
- HHP 1840 Sports Studies: An Introduction to Swimming

Electives	2-3 hours

Select 1 course:

- HHP 1740 Sport in Society
- HHP 2500 Basic Human Nutrition
- HHP 3210 Current Issues and Ethics in Sport
- HHP 3700 Sport Law and Governance